FOOD & TRAVEL

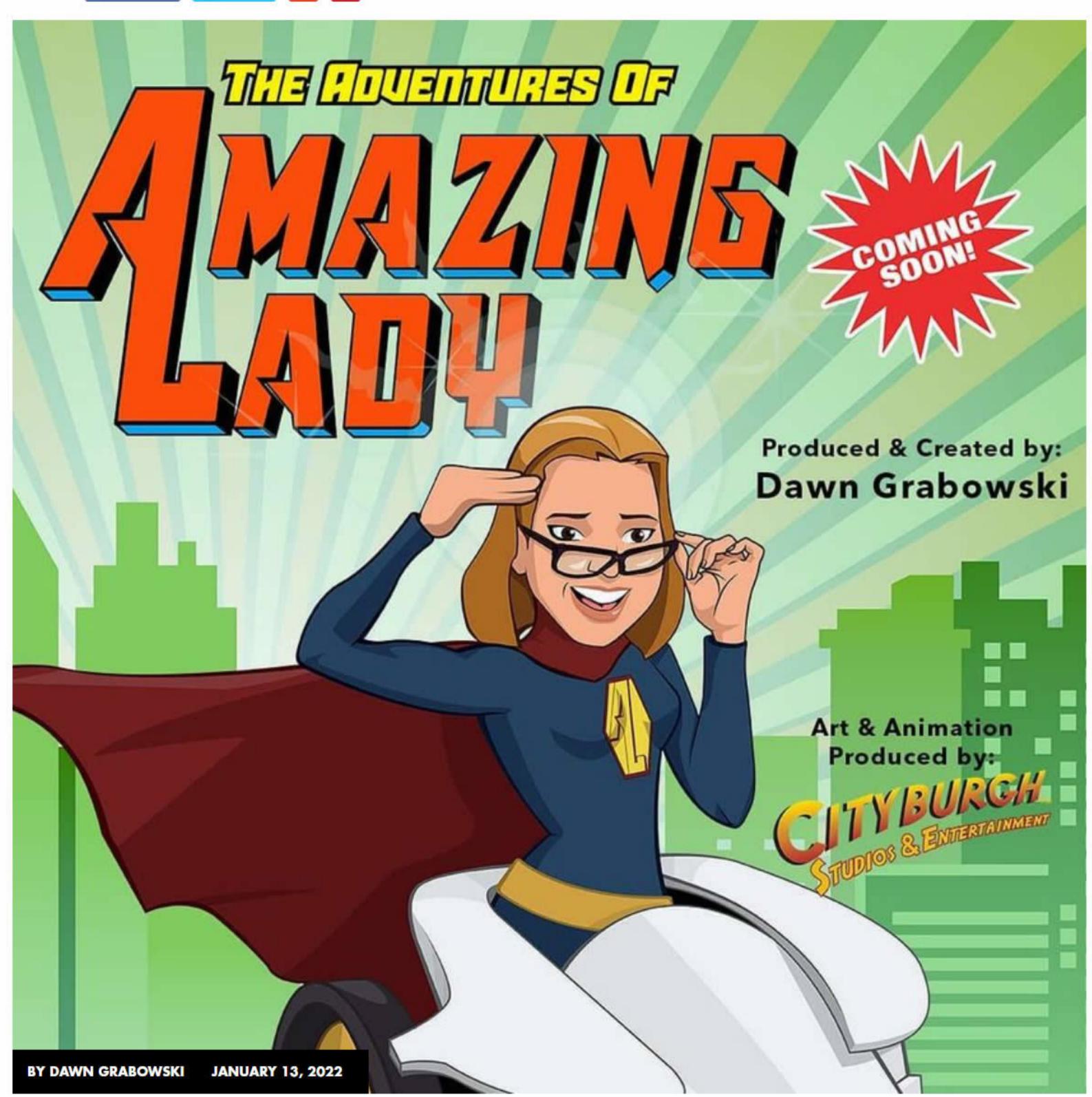
HEALTH & WELLNESS

ABOUT

CULTURE

The Adventures of the **Amazing Lady**

HOME > CULTURE > THE ADVENTURES OF THE AMAZING LADY



By societal standards I have a Disability. I move and do things differently than the average/normal person. But honestly, I do not know what the definition of "normal/ average" is, anymore. For the record, I HATE labels - I believe that we should label jars and NOT people. I tell people that my real disability is being flatchested in Hollywood and over the age of 30. Trust me, it's a disability. That being said, my official diagnosis is Spastic Cerebral Palsy. I was born 3-months early. I was diagnosed approximately the age of two years old.

I love the opportunity to entertain! It is a great privilege to be an actress, and creative artist. I have the ability to affect people, and the world in a positive way! As I have gotten older, however, I realize that I am responsible for my own happiness. I heard someone say recently that you can't just wait for your life to get better before you decide to be happy. It is a choice.

My advice to anyone wanting to work in the Arts, or any field for that matter, is to realize that if you really want to have a career of longevity, you must think of it as a marathon and not a sprint. I would encourage everyone to be their authentic selves - not who they think someone else wants them to be. You, as a human being, and as a creative artist define who you are, and

a work-life balance. I choose to believe that love, empathy, and compassion will always win out over hate. It is naive but that is the world I want

what you want to create. I would also encourage anyone to find

to live in. I hope that my creative, artistic endeavors and my talent can entertain, enlighten, and change the world in a positive way! Because I believe we are alike more than we are different.

https://www.facebook.com/DawnGrabowskiSitDownComic/vide os/640596580467282



SHARE f Facebook Twitter



DAWN GRABOWSKI

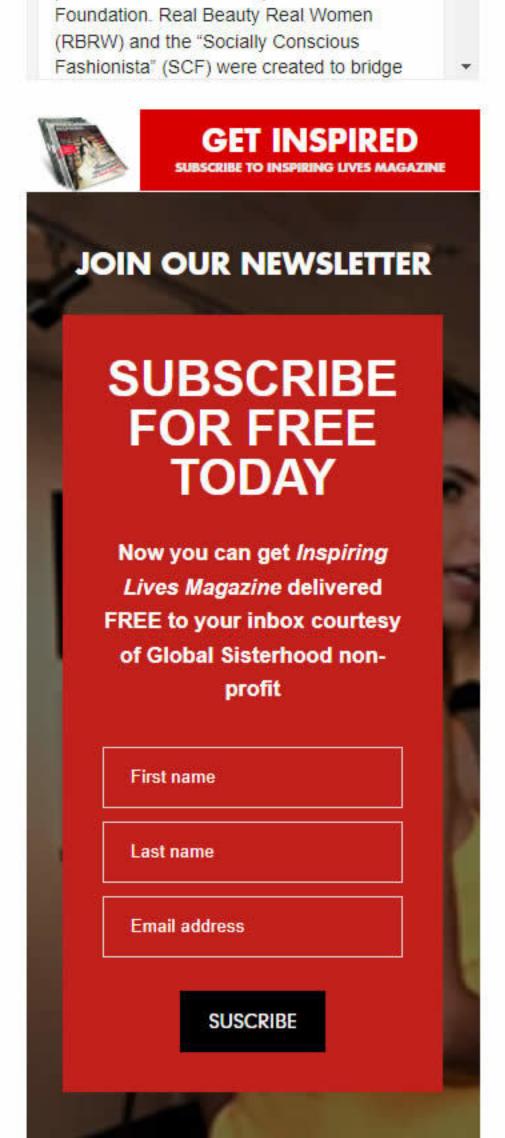
and Sit -Down Comic because I'm not qualified to stand) that uses all forms of my creativity to influence the world, and people, and my audience(s) in a positive way. I have, also, been a Disability Advocate both Personally, and Professionally. I want to make a difference in the world, not only in my artistic endeavors, but in life. As a Performer With A Disability (PWD), (Cerebral Palsy) in a small way I try to represent the now, estimated 56 million Americans with disabilities in a positive and accurate description (Census 2008). The ultimate goal is to be recognized for my talents and artistic vision. It has become clear to me beyond being considered a character actor that it is my mission to show the world that uniqueness should be celebrated. Beauty is and should be considered more than just a Leading Lady being a dress size of two. It is my goal to get the industry and the world to shatter this standard, and sometimes stereotypical mindset to reflect a more contemporary, accurate view of the world. Why is a contemporary, accurate review of the world so important? Representation matters for all people & all unique body types. There has been a controversy for quite some time that Able-Bodied (Abs) actors be casted as characters with disabilities. This is Wrong! Why is it so wrong? The industry is taking away jobs, and benefits from people that are authentical. Performers With Disabilities are still not being given a chance enough just to be people without their disability being a factor. This is become vitally important because Performers With Disabilities are still not allowed to audition for roles, they are right for (meaning age range, and type) unless it is designated a disabled character. Until my Industry allows me to go out for every role in my demographic despite my disability, Able-Bodied (ABs) need to stop taking my roles & opportunities. I am a daughter, a sister, a friend, a shopper, I go to restaurants, the post office customer etcetera. So, why can't I portray this in film, television, infomercials, music videos and web series. The point is I am out living a life. That life should be represented and all faucets of the

I am a Creative Artist (Actress, Writer, Content Creator, Speaker, Filmmaker, Producer,

MORE FROM THIS AUTHOR

entertainment industry.

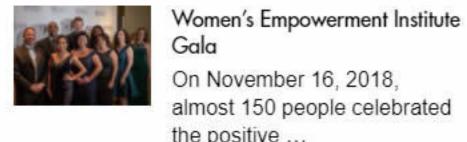




FEATURED ARTICLES:



Unity and Claiming Your Power: Nancy Belmont's Empowerme... Reaching millions on ABC, NBC, the Washington Post, the Today ...



On November 16, 2018, almost 150 people celebrated the positive ...



Saying I'm Sorry When I turned 50 last year, I celebrated by jumping ...



How Mindfulness Can Help You Effectively Execute & Enjoy Yo... By Pamela Power Scanlon Women today are boldly and courageously ...

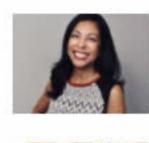


Restaurant Review: Fig and The Mediterranean restaurant was buzzing with customers, and the ambiance ...

RELATED ARTICLES:



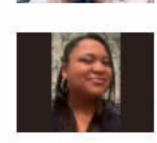
Strong Foundations Build Leadership with Sara Simpson



Xceptional Leaders



Are you not Feeling Satisfied with your Success?



Victim to Overcomer



